"Resolving Conflict in the Home" Selected Scriptures October 4, 2015

Two myths about marital conflict:

Myth #1: Good marriages don't have struggles.

Myth #2: Resolving conflict in the home is impossible.

Four improper responses to conflict (Bill Hybels):

- 1. "The Eskimo Style" ignoring the conflict
- 2. "The Cowboy Style" shoot verbal bullets at each other
- 3. "The Escape Style" you run from the conflict
- 4. "The Manhandleer Method" physical violence

Why do marriages have conflict? (two enemies)

- 1. The devil. (I Peter 5:8)
- 2. You (James 4:1)

Five conflict resolution skills:

- 1. Honesty is the best policy! (Ephesians 4:25)
- 2. Don't go to bed angry! (Ephesians 4:26)
- 3. Don't wound with your words! (Ephesians 4:29)
- 4. Be kind to one another! (Ephesians 4:32)
- 5. Forgive each other! (Ephesians 4:31, 32)