

"Winning the Battle Over Temptation, Pt 4"
James 1:13-15
March 23, 2014

Barriers to Overcoming Temptation:

Barrier #1: Consequences

Barrier #2: Accountability

Barrier #3: Trigger Points

Barrier #4: Physiological changes

Barrier #5: Setting your mind

What does GIGO stand for?
It stands for Garbage In, Garbage Out

Grid of Eight Questions:

1. Is it true?
2. Is it honorable?
3. It is right?
4. Is it pure?
5. Is it lovely?
6. Is it of good repute?
7. Is it excellent?
8. Is it worthy of praise?

How do you clean up your thought life?

1. You must spend more time in God's Word.
2. Stop polluting your mind with the garbage of this world.